



NEWS RELEASE

Contact: Tes Palin
Director of Business Development
Texas NeuroRehab Center
Phone: Office (512) 462-6687
tes.palin@uhsinc.com

Texas NeuroRehab Center Offers Four New Programs in 2020

Austin, TX, November **xx**, 2020 –Texas NeuroRehab Center (TNC) has increased their ability to serve a larger patient population by adopting four new programs at their Medical Rehabilitation Hospital in 2020.

“2020 is an unprecedented year in healthcare. Our team recognized the need to extend our reach in early 2020 and adapted our capabilities to serve more patients’ needs,” said Ed Prettyman, PsyD, and CEO of Texas NeuroRehab Center. “We identified the needs and acted fast.”

In April 2020, TNC began offering the Post-Acute Care COVID-19 Program. Many patients who have recovered from an active COVID-19 infection experience medical complications or residual effects of the disease both physically and mentally. TNC currently accepts these patients for their rehabilitation process. TNC can address medical and psychological needs in patients who no longer have active COVID-19, and helps patients resume previous activities at home, work and with their family.

“There is another curve that needs to be flattened, and that is the growing number of patients who are experiencing physical and mental effects after a COVID-19 hospitalization,” said Margaret Stuart, DPT, and Clinical Director at Texas NeuroRehab Center. “The more individuals who are hospitalized for COVID-19, the more individuals you will see who are debilitated and unable to resume previous activities and return to work or the community.”

In addition to rehabilitation for COVID-19 patients, TNC has provided rehabilitation to brain and stroke patients for 36 years. In, January of 2020, TNC began offering rehabilitation to spinal cord injury patients as well.

“We have treated brain injury and stroke patients for nearly 40 years,” said Dr. Prettyman. “We knew we had capabilities to add spinal cord injury treatment at our facility and 2020 was the year we made it official.”

The Spinal Cord Program at TNC is a comprehensive program designed to manage the complexities of spinal cord injury physically and psychologically. The program is supervised by two on-site physical medicine and rehabilitation physicians, two on-site neurologists and an on-site pulmonologist. Individualized medical and therapy treatment plans, neurology management and frequent reassessment assure aggressive treatment and positive outcomes.

In addition to the new medical programs, TNC recognized the need to capitalize on its behavioral health capabilities as well.

In January of 2020, TNC began offering the Psychosocial Program. TNC offers a comprehensive psychosocial program that combines psychological assessment and treatment services to promote increased functioning and quality of life for patients with acute and chronic medical conditions. Our team uses evidence-based practices to assist individuals and their families in overcoming the psychosocial effects of illness or injury. The goal is a holistic and integrated approach that addresses both the psychosocial and medical needs of our patients.

Lastly, in April of 2020, TNC began offering the TNC Recovery Program, an inpatient medical detox program for those suffering from co-occurring substance abuse disorders. The program is led by an experienced group of onsite physicians, including a neuropsychologist, psychiatrist and addictionologist. The treatment team of physicians, nurses, techs, therapists, chaplains, social workers and case managers provides the highest quality care for those suffering from co-occurring substance abuse, psychiatric and medical issues.

For more information about Texas NeuroRehab Center and all of our comprehensive programs, please visit texasneurorehab.com.

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Texas NeuroRehab Center, located at 1106 W. Dittmar Rd. in Austin, TX consists of a 47-bed specialty hospital specializing in neurorehabilitation for traumatic brain injury, stroke and spinal cord injury patients and a 22-bed inpatient post-acute brain injury program. For more information, please visit texasneurorehab.com.